

Makes 12



## Diwali Sweets

### You will need:

- $\frac{1}{2}$  tin condensed milk
- 500g dried dates
- 125g ground almonds
- 25g desiccated coconut

### Method:

1. Chop the dates roughly and place them into a large non-stick pan.
2. Add the condensed milk and ground almonds. Continue to cook on a low heat, stirring continuously to make sure the mixture does not stick to the bottom of the pan.
3. Keep stirring until the mixture forms a soft lump in the middle of the pan (this may take a while).
4. When cool, take a spoonful of the mixture and roll into a ball.
5. Finally roll the ball in the desiccated coconut and put in a sweet case, place them into the fridge to set.

