



Oral Health Parent/Carer Information Session

You are invited to attend a free information session to help you gain more information about taking care of your children’s teeth.

The topics that will be covered are:

* Tooth brushing tips
* Baby bottles and dummy advice
* Making healthy food choices for teeth
* Visiting the Dentist
* And lots more useful information

You will also have the chance to ask questions and useful links will be provided

**All sessions will be held on Zoom. Please click on the below link, meeting ID and passcode to join for each session.**

Monday 6th September 2021 – 9.30am -10.15am

Monday 13th September 2021 – 9.30am -10.15am

Monday 20th September 2021 – 9.30am -10.15am

Monday 27th September 2021 – 9.30am -10.15am

**Link to join all Zoom sessions**<https://us02web.zoom.us/j/86748162480?pwd=Z1RwdXZXYzBCUHZOeGpsRFNGTHlYdz09>

Meeting ID: **867 4816 2480**  
Passcode: **61pkkK**

For further information please contact the Community Dental Service, Hillingdon, Oral Health Promotion Team

Sally McGregor -  [sallymcgregor1@nhs.net](mailto:%20sallymcgregor1@nhs.net)