



**Whole school**

**Year 10**

**Term: Spring**

**Learning Intention:** Key steps challenges book. Health: Personal care: Challenges 1-4 P25

During this challenge Pupils will work on understanding:

These challenges will help pupils to learn more about how their body works and how you can keep it in good shape.

Key knowledge that should be learned during this SoW	All	Most	Some
<b>Concept:</b>	All pupils to understand the importance of looking after their bodies and what is meant by personal care.		
<b>Knowledge:</b>	To understand the areas of personal care. To learn how to care for: Teeth, skin, hair		
<b>Key Skills:</b>	To find out about how to care for teeth, skin and hair. Create a poster / collage of findings and present to class.		
<b>Language and/or communication</b>	Health, care, hygiene,		

<b>skills:</b>			
<b>Curricular Links</b>	Junior citizenship trip Science		