



Whole school

Year 9

**Term:
Summer**

Learning Intention: Stepping stones challenges book. Health and Lifestyle: Agony Aunts P60 (**Wellbeing**)

During this challenge Pupils will work on understanding:

What makes you feel happy or sad and understanding our emotions.

How to make yourself feel better.

Discussing problems.

**Key knowledge that should be learned during
this SoW**

All

Most

Some

Concept:

Sharing problems and how to deal with them.

Knowledge:

What having a problem can feel like and how to deal with it.

Key Skills:

Write a letter to Dear Agony Aunt because you are very sad or worried about something and need advice.

Write a reply to the letter.

Language and/or communication skills:	Problem, advice, feelings		
Curricular Links	English		