

# Children & Young People's Service

# Leisure activities, respite and targeted programmes for autistic children and young people aged 7-25 years

We've been working with autistic children and young people for over 20 years, providing social activities for them to enjoy whilst developing skills and making new friends.

Twice weekly youth clubs (10–25yrs)
Saturday Clubs for (7–25 yrs)
Holiday Playschemes for (7–25 yrs)

(Please see Timetable overleaf for times, locations and prices)



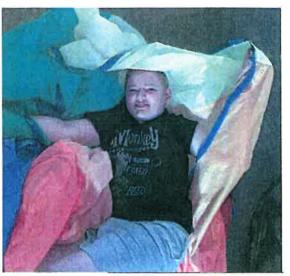
We also offer a variety of personal development programmes to help young people understand their diagnosis, build their confidence and help them become more independent:

Socialwise: therapeutic speech and language group session (10-18 years) alongside 1:1 mentoring (internal referral only) for 14years+

**Sportswise**: weekly multi-sport sessions introducing young people to a wide range of fitness activities whilst building their confidence, self-worth, fair play and teamwork



For more information please contact recreation@hacs.org.uk or call 0208 606 6780





# Children & Young People's Service

# TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Weekly Youth Club	Weekly Youth Club		Adventures & Explorers
		(10-25 yrs)	(14-25 yrs)		(7-13 vrs)
		Harlington YPC	South Ruislip YPC		Dinkwell Primary School
		4pm – 6.30pm	7pm – 9.30pm		£40 per session
		50p per session	50p per session		
		Social Wise			Youth Club
		(10-13) / (14-18) yrs			(14 – 25 years)
		Various times 5pm-			South Ruislip YPC
		8pm			10.00am – 3.00pm
		FREE			£40 per session
		Sportswise			
		(10-25 yrs)			
		Harlington YPC			
		4pm – 6.30pm			
		50p per session			
Holiday p	layschemes ru	Holiday playschemes run on various days and various locations during October, February, Easter and Summer	rious locations during Oc	tober, Februar	y, Easter and Summer
		holiday	holidays (£40 per session).		
Durit	ng selected holid	ay periods we are able to pro	wide funded places to familie	s eligible under ti	During selected holiday periods we are able to provide funded places to families eligible under the Hillingdon HAF programme.
Please note you	will need to be a	HACS member to access the	ise clubs. A full assessment c	of your child's nee	Please note you will need to be a HACS member to access these clubs. A full assessment of your child's needs is required before they can
	attend tl	attend the clubs; this will include a parent/carer interview and school-based assessment.	arent/carer interview and sch	nool-based assess	ment.
If a child r	equires support	If a child requires support that exceeds our group support ratios (e.g 1:1 support) this will need to be funded by Social Care.	ort ratios (e.g 1:1 support) t	his will need to b	e funded by Social Care.

HACS Resource Centre, Dudley Place, Off Pinkwell Lane, Hayes UB3 1PB 0208 606 6780 / enquiries@hacs.org.uk / www.hacs.org.uk Hillingdon Autistic Care and Support (Reg Charity No. 1183576)



# **Adult Autism Hub**

Whether you are awaiting a diagnosis of autism or have already been diagnosed, we are here to help



## We can provide:

- One to one coaching sessions
- Peer learning programme to learn more about autism and related areas
- Monthly drop-in sessions for advice and practical issues
- Regular social activities
- Virtual, telephone and inperson support

# Eligibility:

- Aged 18 years +
- Registered with a Hillingdon GP
- No existing diagnosis of an intellectual disability (learning disability)

"It's been amazing knowing I am not alone in my feelings."

For further information or please contact <a href="mailto:katherine@hacs.org.uk">katherine@hacs.org.uk</a> or complete the <a href="mailto:Referral Form">Referral Form</a>