***Meadow High School***

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***Headteacher: Mrs Jenny Rigby***

***Deputy Headteacher: Ms Claire Caddell***

27th April 2021

Dear Parents/Carers,

Over the next few weeks MP class with be covering Relationship and Sex Eductaion (RSE). This term MP class will be focusing on:

* Correct names for all parts.
* The meaning of the words ‘public’ and ‘private’ and how this relates to body parts and places. Pupils will be taught a ‘private place’ is where you are alone and where someone should knock before entering (ie own bedroom or bathroom at home).
* What is ok to do in public and what is for private only.
* Different types of relationships people have - with family, friends, teachers etc .
* Changes that have started and will continue to happen to them during puberty.
* Who they can speak to if they have any questions.

It is important we get RSE right for the young people at Meadow. In Key Stage 3 the pupils' bodies are starting to change and it can be a confusing time. If you would like support in how best to ensure your young person understands and is aware of their bodies, changes and behaviours please let me know.

If you are unsure about the context or would like to speak to me further please email [fbonnar@meadowhighschool.org](mailto:fbonnar@meadowhighschool.org).

Many thanks,

F Bonnar