



Whole school

Year 7

Term: Summer

Learning Intention: Stepping stones challenges book. Roles and Responsibilities: Having a bad hair day P10 (Wellbeing)

During this challenge Pupils will work on understanding:

What to do when things do not go quite right.

To learn what to do instead of worrying and to learn how to cope in certain situations.

Key knowledge that should be learned during this SoW	All	Most	Some
Concept:	To understand what a bad day is and how we recognise it.		
Knowledge:	To learn what makes a bad day and how to manage it.		
Key Skills:	To learn strategies for coping with a bad day. Practice asking for help.		
Language and/or	Worrying, feelings, solution, problem, talk, help		

communication skills:			
Curricular Links			