

# ASTHMA NEWSLETTER

**Autumn  
2022**

## ASTHMA INFORMATION

Your School Nurse can be contacted to provide information and guidance on the following:

- Developing your asthma policy.
- Ongoing support with asthma.
- Whole school training.
- Raising concerns about children's asthma control.

## National Bundle of Care for Children and Young People with Asthma (Sept, 2021)

Created for Health, Education and the Local Authority to follow in order to help children, young people, families and carers, to control and reduce the risk of asthma attacks and to prevent avoidable harm.

<https://www.england.nhs.uk/wp-content/uploads/2021/09/B0606-National-bundle-of-care-for-children-and-young-people-with-asthma-phase-one-September-2021.pdf>

**RED FLAGS:** We need to know if there is...

1. Reoccurring use of their blue inhaler (on a weekly basis)
2. Unable to fully participate in school activities due to Asthma.
3. School absence due to Asthma.
4. Any concerns that school staff may have about a child.

*REMEMBER If a child is needing their blue inhaler more than once within 4 hours - send home, let parents know and advise to see GP*

**RAISE CONCERNS AND REFER TO SCHOOL NURSE!**

NAME:	SCHOOL:	CONTACT NO:	EMAIL:
Theresa Youngman Asthma Liaison Nurse	Hayes and Harlington	01895 488050	<a href="mailto:cnw-tr.sehillingdonsnteam@nhs.net">cnw-tr.sehillingdonsnteam@nhs.net</a>
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## Online Training module

**There is an online training module available for any staff wishing to further their knowledge on asthma or who were unable to attend their whole school training.**

<https://www.educationforhealth.org/course/supporting-children-and-young-peoples-health-improving-asthma-care-together/>

## Parent support groups

**Asthma + lung UK offer parent/carer sessions over zoom on various topics which can help any parents who are struggling with their child's asthma.**

<https://www.blf.org.uk/parent-carer-network-events>

## ACHIEVE ASTHMA FRIENDLY STATUS:

- Named Asthma lead and Asthma Champion.
- Asthma Champion to attend annual update.
- Register of all known Asthmatics.
- Has a clear Asthma Policy.
- Allows easy access to inhalers.
- Annual whole school staff training .
- Displays emergency plan around the school.
- Emergency Kits – 2 inhalers and spacers. The spacer can go home with the child, inhalers used must be thrown away due to covid guidelines.
- Annual Asthma audit completed.
- Monthly asthma form.



## REMEMBER!

Complete and email **asthma monthly return forms**, helping to identify children who need extra support to control their asthma! Email the forms to: [thh-tr.PaedAsthma@nhs.net](mailto:thh-tr.PaedAsthma@nhs.net)

## DON'T FORGET!

Get your whole school training booked

**This is an annual requirement - 85% of staff must attend.**