

**AUTUMN & WINTER**

# **Week One**

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**MONDAY**

Cheese & Tomato Pizza

OR

Jacket Potato with cheese,  
beans or tuna

Fruit Crumble

**TUESDAY**

Spaghetti Bolognese

OR

Vegetarian Bolognese

Shortbread

**WEDNESDAY**

Roast Turkey

OR

Vegetarian Enchiladas

Jelly & Fruit

**THURSDAY**

Sausage & Mash

OR

Vegetarian Sausage &  
Mash

Chocolate Cake & Custard

**FRIDAY**

Fish Cake & Chips

OR

Jacket Potato with  
cheese, beans or tuna

Ice Cream

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# **Week Two**

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**MONDAY**

Hot Dogs and Wedges

OR

Vegetarian Hot Dogs &  
Wedges

Fruit Crumble

**TUESDAY**

Chicken Curry and Rice

OR

Vegetarian Curry & Rice

Carrot Cake

**WEDNESDAY**

Roast Pork

OR

Creamy Vegetarian Pie

Flap Jacks

**THURSDAY**

Beef Burger

OR

Vegetarian Burger

Rice Pudding

**FRIDAY**

Fish Fingers & Chips

OR

Jacket Potato with  
cheese, beans or tuna

Ice Cream

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# **Week Three**

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**MONDAY**

Vegetable Pasta Bake

OR

Jacket Potato with Cheese,  
Beans or Tuna

Fruit Crumble

**TUESDAY**

Chilli Wedge Bake

OR

Vegetarian Chilli Bake

Lemon Drizzle Cake

**WEDNESDAY**

Roast Gammon

OR

Cheese & Red Pepper Whirl

Jelly & Ice Cream

**THURSDAY**

BBQ Chicken with Pasta

OR

Vegetarian Noodles

Treacle Sponge

**FRIDAY**

Fish & Chips

OR

Jacket Potato with  
cheese, beans or tuna

Ice Cream