



**Years
7-11**

**Pathway
2- 3**

**Athletics
Autumn/Spring**

Learning Intention:

Pupils will be taught to:

- To develop basic dribbling and control skills.
- To develop passing skills.
- To develop tackling skills.
- To develop ways of evading opponents.
- To develop shooting skills.
- To extend individual skills (dribbling, driving, shooting).
- To extend different passing styles (through, square, diagonal).

**Key knowledge that should be
learned during this SoW**

All

Most

Some

Concept:

- To use skills to evade opponents and keep possession.
- Using spatial awareness to play different positions and understanding their role.
- Working as a team to think and play tactically and having a sense of positions.
- To make the correct decisions during small matches/ games.

Knowledge:	<ul style="list-style-type: none"> ● Understanding basic rules. ● Stick positioning. ● How to score during games. 	<ul style="list-style-type: none"> ● How to evade opponents. ● Defenders and attackers. ● Understanding Rules. 	<ul style="list-style-type: none"> ● Using different tactics to overcome teams. ● Students encouraged keeping their own score in games.
Key Skills:	<ul style="list-style-type: none"> ● Holding the stick correctly. ● Body positioning. ● Running. 	<ul style="list-style-type: none"> ● Passing accurately to teammates. ● Tackling. ● Encourage low body position. 	<ul style="list-style-type: none"> ● Shooting successfully at a target/ goal. ● Passing accurately under pressure. ● Dribbling the puck whilst moving at speed.
Language and/or communication skills:	<ul style="list-style-type: none"> ● Pass. ● Score. ● Dribble. 	<ul style="list-style-type: none"> ● Calling for the puck. ● Talking about tactics. 	<ul style="list-style-type: none"> ● Evaluating performance and giving feedback.

Curricular Links	<ul style="list-style-type: none">● Literacy (key words).● Citizenship (helping their peers to improve).● Science (bodily functions and healthy lifestyle consequences).● ICT (use of video analysis, looking at the perfect model).
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