



**Years
7-11**

**Pathway
2 - 4**

**Handball
Spring**

Learning Intention:

Pupils will be taught through a range of drills and mini games the sport of Handball; using a number of specialised pieces of equipment.

- They will develop fundamental ball skills that can be transferred onto other sports.
- They will be taught the rules of the game and how to use them during game play activities.
- They will be provided with opportunities for collaboration with their peers; working and communicating together to try and beat their opponents. This will be an important life skill that can be transferred outside of PE lessons.

N.B. This scheme of work is not for a specified year or age group; the activities suggested vary in difficulty and teachers will select the appropriate ones for their group and differentiate accordingly. Learning within PE utilises spiral learning, so key concepts and skills are retaught each time to counter regression and then to increase difficulty.

Key knowledge that should be learned during this SoW

All

Most

Some

Concept:

- To use ball skills to evade opponents, keeping possession and invading their area to score.
- To understand the rules of the game.
- Using spatial awareness to play different positions and understanding their role.

	<ul style="list-style-type: none"> ● Working as a team to think and play tactically and having a sense of positions. ● Understanding how to score within games. 		
Knowledge:	<ul style="list-style-type: none"> ● Accurately passing and receiving a ball ● Moving independently with a ball ● Knowing where to shoot to score. 	<ul style="list-style-type: none"> ● Knowing the different passes ● Knowing the correct dribbling and shooting technique. ● Rules of the game ● Beginning to work with teammates 	<ul style="list-style-type: none"> ● Attacking and defensive roles. ● Scoring system
Key Skills:	<ul style="list-style-type: none"> ● ● Coordination with a ball ● Protecting the ball 	<ul style="list-style-type: none"> ● Passing technique ● Dribbling technique ● Shooting technique 	<ul style="list-style-type: none"> ● Following instructions. ● Throwing and catching ● Aware of the goal. ● More advanced

		<ul style="list-style-type: none"> ● Positioning ● Moving with and without the ball. 	handling skills
Language and/or communication skills:	<ul style="list-style-type: none"> ● Catch ● Pass ● Shoot ● Dribble ● Target 	<ul style="list-style-type: none"> ● Tackling ● Rebound ● Calling for the ball 	<ul style="list-style-type: none"> ● Instructing teammates ● Deciding on tactics with teammates ● Layup
Curricular Links	<ul style="list-style-type: none"> ● PSHE: Citizenship; taking turns ● Science: Speed ● Numeracy: Distances ● SMSC - Showing respect to others, working within a team, positive attitude towards the game. 		