



**Years
7-14**

**Pathway
1-2**

**Panathlon Sports
Autumn / Spring Term**

Learning Intention:

Pupils are taught a variety of Panathlon Sports in order for them to:

- Developing fine and gross motor control
- Develop fine and gross motor skills
- Develop decision making skills within the games
- Learn game tactics
- Have greater exposure to match play that they could in other sports
- Experience competitive gameplay on a truly level playing field
- Experience being part of a team

Pupils taught Panathlon Sports become part of the squad of players who can be chosen for Panathlon Sports competitions or Level 2 (Inter-school) school teams.

N.B. This scheme of work is not for a specified year or age group; the activities suggested vary in difficulty and teachers will select the appropriate ones for their group and differentiate accordingly. Learning within PE utilises spiral learning, so key concepts and skills are retaught each time to counter regression and then to increase difficulty.

**Key knowledge that should be
learned during this SoW**

All

Most

Some

Concept:	<ul style="list-style-type: none"> ● Playing within the rules of the games ● Using fine motor control to improve hand eye coordination ● Selecting their targets to win points/games ● Working with others collaboratively 		
Knowledge:	<ul style="list-style-type: none"> ● How to score points across the games ● Names of equipment used 	<ul style="list-style-type: none"> ● How to start each point/game ● Names of the shots used 	<ul style="list-style-type: none"> ● Simple tactics within each game
Key Skills:	<ul style="list-style-type: none"> ● Hand eye coordination ● rolling 	<ul style="list-style-type: none"> ● Judging the line of shot ● Judging the power needed 	<ul style="list-style-type: none"> ● Fine motor control to improve accuracy of shots
Language and/or communication skills:	<ul style="list-style-type: none"> ● Names of the sports ● Names of equipment ● Cheering others 	<ul style="list-style-type: none"> ● Names of the shots 	<ul style="list-style-type: none"> ● Discussions with team mates ● Suggesting improvements or decisions to others
Curricular Links	<ul style="list-style-type: none"> ● PHSE: Talking with peers; personal hygiene pre/post lesson ● Numeracy: Scoring systems 		

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| | <ul style="list-style-type: none">• Literacy: Speaking and listening; using key vocabulary |
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